

**HARRC SUNDAY 8:30 AM CLUB RUN**  
**November 30, 2014**  
**Turkey Day Recovery 7K**  
**Race Director: Kelly Spreha**

14 runners braved the cold temps for a post-Thanksgiving run. Coffee and other goodies were served, and despite some confusion about the turn around point, a good time was had by all.

1. Keith Evans 30:04
2. Jason Fogelman 33:00
3. Dave Erb 37:14
4. Dave Resek 39:25
5. Frank Crupi 46:46
6. Linsey Kennelly 47:09
7. Mary Allio 47:17
8. Jessica Myers 47:17
9. Jessica Adams 47:17
10. Lee McMIndes 47:02
11. Shelly Perry 52:14
12. Brad Colwell 52:16
13. Deb Schneider 53:56
14. Bekah Rundell 53:58