

HARRC SUNDAY 8:30 AM CLUB RUN

August 10, 2014

Schneiders Run & Swim 3.35 Mile

Race Director: Deb Schneider

Time Keeper: Erich Schneider

A new venue brought warm and sticky temperatures. The run started and ended at the run directors house. Deb's husband Erich acted as time keeper so that Deb could run with the group.

We had 11 runners and 1 walker doing the course through some rolling hills in Linglestown. We must note that while Deb and her family were picking up the directional signs, her son said she was mean making people up the hill past the church. She did not apologize for that. ☺

Mike Cover claimed the men's course record in 23:09 while Marge Lebo took woman's course record in 29:27.

We welcomed Anita Mcallister as a first time attendee to a club run.

Everyone enjoyed refreshments and water after the run. Kevin enjoyed a dip in the pool while other runners headed out for breakfast, chopping wood, or showers and church.

Name	Time
Mike Cover	23:09
Kevin Nelson	26:54
Jim V	27:23
Marge Lebo	29:27
Jeff Paladina	30:00
Howard Feinberg	32:33
Chris Gipe	36:55
Deb Schneider	37:07
Anita Mcallister	37:07
Steve Whittle	37:09
Shelly Perry	39:55

Fun Walk

Debbie Whittle

Men's course record

23:09 - Mike Cover

Women's course record

29:27 - Marge Lebo

